



BCHS PARENT GUIDE

FOR GOLDEN EAGLE ATHLETICS

RITESH KHATRI (TESH) HEAD ATHLETIC TRAINER

What is a Athletic Trainer?

Athletic trainers (ATs) are highly qualified, multi-skilled health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. Athletic trainers work under the direction of a physician as prescribed by state licensure statutes.

BRIAN D. KELLY TEAM PHYSICIAN/SPORTS MEDICINE PHOENIX CHILDREN'S

The physicians with our Sports Medicine Program specialize in the treatment of musculoskeletal conditions and understand the need for surgical intervention. The orthopedic and sports medicine surgeons also understand and are trained in the operative and non-operative treatment of these sports related conditions.

WHAT TO DO IF ATHLETE IS INJURED

If a athlete is injured they should notify the coach. They are encouraged to come see me so I may evaluate the injury. Depending on the severity of the injury I will contact the parent on the necessary steps that should be taken. If your athlete is complaining of a injury that occurred during practice or a game and was unable to see me that day, I advise they come see me the next day if it is not a medical emergency. If there is a medical emergency myself or the coaches will activate emergency services and you will be contacted.

Student athletes should be seen and treated by our Athletic Trainer and if needed our Team Physician. Together we can ensure your child gets proper care and returns to play as soon as possible. Once a athlete is seen by a outside party it is now up to them when your child can return to play. Lets work as a team to ensure proper care.

ATHLETIC TRAINER CONTACT

 (602) 973-4000 Ext 174

 rkhatri@bourgadecatholic.org

TEAM PHYSICIAN CONTACT

 (602) 933-3033

 bkelly@phoenixchildrens.com





BCHS PARENT GUIDE

FOR GOLDEN EAGLE ATHLETICS

PURPOSE OF ATHLETICS

Bourgade Catholic High School Athletics aims to assist student athletes in becoming well-rounded young men and women. Athletics at BCBS will serve as a means to drawing students closer to their faith, while developing the whole person in prayer, health, and spiritual wellness. Student Athletes at Bourgade Catholic are required to maintain good academic standing in order to participate. Through participation in athletics student athletes will build a foundation of self-confidence, camaraderie, teamwork, and goal orientation that will translate into successes both on and off the field.

PROGRAM HANDBOOKS

Prior to participating in any competition parents and athletes will be required to sign agreements acknowledging they have read, understood, and promise to abide by the guidelines outlined in both the Athletics handbook and the program specific handbook. Each Bourgade Catholic Athletic Program will have a specific program handbook that outlines the rules and expectations set forth by the program's coach. Should any infractions against either handbook occur the BCSH discipline progression will occur. Student athletes that have been released by a team will not be eligible to try out of the next sports season without Athletic Director Approval.

TEAM COMMITMENT EXPECTATION

When a student athlete is chosen to participate in a sport this comes with a great deal of commitment. As a result the BCBS Athletic Department has strict team attendance policies to ensure that the best interest of the team is always the focus. Student athletes are required to be on time and attend all team events. This includes, but is not limited to, practices, games, meetings, and fundraising events. Should an athlete need to miss or be tardy to a team event their head coach must be notified prior to the tardy or absence. Missing team events will impact playing time. Failure to notify your coach of the absence prior to the occurrence will result in an unexcused absence.

KIM HIGGINBOTHAM ATHLETIC DIRECTOR



(602) 973-4000 Ext 134



khigginbotham@bourgadecatholic.org

FUNDRAISING

- Banner Sales
- Golf Tournament
- Waste Management



**GET INVOLVED
WE LOVE
VOLUNTEERS**